



St John the Evangelist Catholic High School

Principal Mrs Sandra Hogan
Tel: (02) 4423 1666
Fax: (02) 4423 1086

PO Box 1046 Nowra NSW 2541
email: info@sjedow.catholic.edu.au
website: www.sjedow.catholic.edu.au

6 November 2019

Dear Parents/Carers and Students

Year 7 Camp, 2020

A camp is being planned for all St John's Year 7 students during week 3 of Term 1 2020. The primary purpose of the camp is to allow students to get to know each other, as well as to feel a closer part of their new Catholic school community.

WHERE:

Bangalee Scout Camp, Bangalee. It is a 15 minute drive out of Nowra off Illaroo Road, on the banks of the Shoalhaven River.

TRANSPORT:

All students will travel from school to and from the camp on buses.

WHEN:

Departing **Wednesday 12 February 2020** at 8.30 am, returning **Friday 14 February 2020** by 2.45pm.

COST:

The cost is **\$120**. This covers transport, all food, all activities, specialist equipment and hire of the camping ground facilities. We are striving to keep this cost to a minimum. If you have any financial concerns please contact the office to arrange a suitable payment date.

Payment for this excursion will be accepted at the School office from the start of Term 1 2020 with the final **due date being Friday, 7 February**. Payments can be processed at the office via Cheque/Cash or EFTPOS. Online Payment will also be available for this excursion from the start of Term 1. Go to school website www.sjedow.catholic.edu.au, Skoolbag, Excursion Letters & Payments and select the relevant LINK. St John's **password** for all online payments is **PaxChristi** (no space).

ACCOMMODATION:

Students will be sleeping in tents. Students need to organise their own tents. No more than 4 students in one tent will be allowed. It would be best if students practice setting up tents at home to ensure all components are present and that they have the skills to set up and pack away the tent successfully. Bristol Point has adequate shower and toilet facilities.

ACTIVITIES:

During the camp the students will participate in 6 activities in random groups of 30 students. The activities include: group trust and problem solving, bushwalk, canoeing in open canoes, sports, ropes course, climbing and watersports. Night time activities include a liturgy, bush dance and student concert.

CAMP SAFETY: Some of the camp rules to ensure the safety of all are:

- Sunhat and sunscreen are to be worn at all times through the day (no hat required when swimming)
- Footwear to be worn at all times including swimming, canoeing, showering and walking around the camp.
- Boys may not go to the girls' tent area and vice-versa
- Students may not enter anyone else's tent.
- No running around the camp.



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CAN PARENTS HELP?

YES, PLEASE!! Parents are most welcome to help, and the camp does not run without the assistance of parents. Some areas that are most in need are:

- Helping to pitch tents that may be too complex for Year 7's.
- Wednesday morning and Friday afternoon we will need some help transporting the equipment. Students, however, will travel on the bus.
- Meal times are always in need of extra help. Nominate a meal if you are able to help. Night time dinners require the most assistance. Breakfasts need minimal assistance.

It is extremely useful if one or two parents can stay for the entire camp as kitchen coordinators. Please email the school at info@sjedow.catholic.edu.au ASAP if you are interested in this.

If you can help in any other way, please indicate so on the permission slip.

SUPERVISION:

There will be approximately 14 teachers providing the necessary expertise and supervision throughout the camp. A group of Year 10 students who are studying a course in outdoor leadership will also be assisting with the running of camp activities.

Attached to this letter is: "What to Bring" list, "Medical & Safety Information" form and "Permission Slip". Please return the **"Permission Slip"** and **"Medical & Safety Information"** forms together with your payment of \$120 in a clearly marked envelope to the office in Term 1 2020 by **Friday, 7 February 2020**. Alternatively, money can be paid online via the school website as indicated above.

Please note if your child is required to take medication while on camp they will need to complete a pink **'Permission to dispense medication'** form as part of the CEO requirement. Your child can collect this from the front office.

If you have any concerns or questions, please do not hesitate to contact the relevant staff member at the school.

Yours faithfully

Mr Joshua Watson
Year 7 Coordinator

Mr John Jakimyszyn
Camp Coordinator



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WHAT TO BRING

... not too much and not too little ...

Remember to **label EVERYTHING**

Sleeping Gear	Tent (please check thoroughly and confirm who is sleeping in it. Maximum 4 in a tent) Mat - closed cell foam or an air bed Sleeping bag Sleeping clothes Small torch
Toiletries	Toothbrush + paste Soap + towel Sunscreen 15+ NO AEROSOL Deodorants
Clothing (Including what you wear on Day 1) <i>Camp is not a fashion parade. Bring clothes which you like to get dirty!!</i>	3 sets of underwear 4 pairs of socks 3 shirts (prefer with collar) 1 tracksuit, top + bottom Swimmers 3 shorts (skirts are not suitable) 1 raincoat (essential) 2 pair walking/running shoes (1 pair which can get wet and dirty) 1 pair thongs or sandals (for wearing in the shower) Full brimmed sunhat Plastic supermarket bag for dirty clothes Bag to carry all this in (school bag is good)
Eating Utensils	Cutlery - Knife, fork and spoon (kept together in a pencil case or similar) NO POCKET KNIVES etc Plastic bowl, plate, and cup Small bag to keep altogether
Food	Morning tea snack for first day Lunch (sandwiches are best) for first day 1 litre plastic container (an old soft drink bottle would be fine) to carry water to activities. Wise to have your name written on this bottle as well) All other food for meals and snacks will be provided.
Assistance	If you have any difficulty sourcing (do not buy things if you do not have them – try and borrow them) any of the above please contact the Year Coordinator ASAP



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Year 7 2020 Camp

I hereby give permission for my son/daughter _____ to attend the
Year 7 Camp at Bangalee Scout Camp, Bangalee from Wednesday 12 February to Friday 14 February 2020.

I have read the note and am aware that students will be involved in a range of activities including: climbing, swimming, canoeing, group challenges, novel games and a bushwalk. Please contact me about the following activities that I have a concern about:

Are there any additional information comments concerning your child not covered in the medical form?

I give permission for staff to seek medical attention for my child in the event that the parent/caregiver cannot be contacted.

Parent / Guardian Signature: _____ **Date:** _____

Please tick ✓ Payment method:

Credit Card Authority ☐

See Below

Payment enclosed ☐

Online payment made ☐
Receipt attached OR
Receipt No:

EXCURSION CREDIT CARD PAYMENT SLIP *(Please complete payment details)*

St John the Evangelist Catholic High School

Excursion: **YEAR 7 2020 CAMP** Amount: **\$120** Student Name:

Charge my Credit Card Type: Visa/Mastercard

CVV

Expiry Date

Card No:

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Cardholder Name _____ Cardholder Signature _____



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PARENT ASSISTANCE

Year 7 2020 Camp

(Only complete this section of the form if you are able to help)

Parent helper's full name: _____

Mobile Phone: _____ Home Phone: _____

(You will be contacted a week prior to the camp to confirm your availability)

Please tick ✓ the areas in which you are able to assist:

☐ Transporting Equipment Wednesday morning (arrive at school 8.30am)
vehicle type (and trailer if possible) _____

☐ Packing up & Transporting Equipment Friday (arrive at the Camp around 12noon)
vehicle type (and trailer if possible) _____

Meal Preparation

- ☐ Dinner Wednesday night
- ☐ Lunch Thursday
- ☐ Dinner Thursday night
- ☐ Entire camp kitchen coordinators



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Medical & Safety Information

(This form must be completed by a parent or carer)

The following information is important for provision of care to your child whilst attending the **Year 7 2020 Camp**. All information is held in confidence and will only be used in reference to this camp to assist us in case of any eventuality with your child.

General Information

Student's Full Name: _____

Parent's / Guardian's Name: _____

Home Address: _____

Home Phone: _____ Business Phone: _____

Emergency Contact Person: _____ Emergency Phone: _____

Family Doctor (Name and Phone number): _____

Medicare Number: _____

Health Fund: _____ Policy Number: _____

Medical Information:

Does your child suffer from any medical problem which may affect him/her during this camp?

How far can your child swim without stopping: _____

Is your child currently taking any medications? Please give details.

Does your child have any allergies or an allergic reaction to any substance(s)? Please give details.

Does your child have any special dietary needs? Please give details.

I understand that I may need to be responsible for the cost involved in providing medical care in case of injury or illness. In the event of an emergency, and the teacher not being able to reach myself or the Emergency Contact Person, I give permission for the supervising teacher to authorise medical aid.

Parent/Carer Signature: _____ Date: _____

Emergency contact in case of accident or illness

Name of contact person: _____ Relationship to student: _____

Home Phone: _____ Work: _____ Mobile: _____

I understand that the information I have provided is true and will be handled in accordance with Diocesan privacy policy and the Privacy Act 1998.

Parent/Carer Signature: _____ Date: _____

Parent/Carer Name (please print): _____